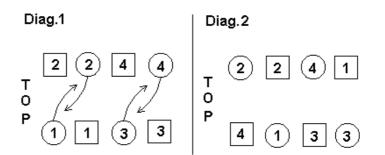
LASSIES AND LADDIES

Four Couple Longways Set. Medley: 16 bars Strathspey 16 bars Reel Tunes: The Cockle Gatherers, Birds at the Fairy Fulling

Two chords to start. On the second, first lady crosses to right hand side of her partner. Second man crosses to his partner's place and she moves up to top place, while third and fourth couples do the same.



Strathspey

1 - 8 The four ladies dance a diagonal reel of four. First right shoulder to second and third right shoulder to fourth (diag.1)

 $9\,$ -16 First and second ladies give right hands and dance Ladies' Chain, while third and fourth do the same

Reel

1 - 2 First and fourth ladies give right hands and change places

3 - 6 First and fourth ladies, second and third men, four hands right round to the left,

7 - 8 and they then all give right hands to the person on the end next to them and change places with them. Finish in places as at diag.2

9 -10 First and fourth men give left hands and change places

11-14 First and fourth men, second and third ladies four hands round to the right

15-16 All give right hands to person opposite across the dance and change places

Repeat from new places.

On the repeat, the men dance the reel of four, i.e. bars 1-8 in strathspey, instead of the ladies, but on the opposite diagonal. First and third men, second and fourth men give right shoulders to start. Ladies and men then dance alternate reels on the repeats.

Ormskirk Scottish Dances Book 2 - Roy Clowes.