

Formations	
Lead down middle and up	1
Figure of eight	1
Reel of three on sidelines	1
Set and cast off	1
Hands round and back	1
Reel of three across	1
Petronella turn	1
Hands across and back	1
Promenade for 2 or 3 couples	1
Allemande for 2 or 3 couples	1
Right and lefts for 2 couples	1
Poussette in reel or jig time	1
Grand chain for 3 couples	1
Ladies chain	1
Turn corners and partner	1
Figure of 8 for 2 couples	2
Set to and turn corners	2
Men's chain	2
Set to corners and partner (hello goodbye)	2
Double triangles	2
Reel of three after set to and turn corners	2
Strathspey poussette	2
Reel of three after set to corner and partner	2
Set and rotate for 2 or 3 couples	2
Reel of four on the diagonal	2
Knot for 2 or 3 couples	2
Reel of four across starting from sidelines	2
Bourrel for 2 or 3 couples	3
Reel of three in tandem changing lead	3
Corners pass and turn	3
Reel of four across including progressing one place	3
Espagnole	3
The spoke	3
Petronella turns in tandem	3
The targe	3
Rights and lefts for 3 couples	3
The tourbillon	3
Set and rotate for 3 couples	3
The tournee	3
The Chain progression for 2 or 3 couples	3